

Of The Area

Thursday, 7 May, 2020 PORT STEPHENS



Anna Bay~Boat Harbour~Campvale~Corlette~Fern Bay~Ferodale~Fingal Bay~Heatherbrae~Hinton~Lemon Tree Passage~Mallabula~Medowie~Nelson Bay~Oyster Cove Raymond Terrace~Salamander Bay~Salt Ash~Seaham~Shoal Bay~Soldiers Point~Stockton~Tanilba Bay~Taylors Beach~Twelve Mile Creek~Williamtown









► BAS and ATO reporting



By Mitch LEES

THE Nelson Bay Gropers could be returning to the mighty Groperdome in the Newcastle and Hunter Rugby Union (NHRU) as soon as July as the easing of current COVID-19 restrictions look set to continue.

Superannuation registration

& requirements

In a statement from New South Wales Rugby Union (NSWRU) on Friday, 1 May a restart in the second half of this year has been flagged.

"Based on the current advice from Government and the anticipated easing of COVID-19 restrictions in coming months, in particular the potential lifting of Public Health Orders on June 29, we are targeting the month of July for NSW community rugby to return to the field," said the NSWRU statement.

CONTINUED Page 3

By Mitch LEES

AS the rate of COVID-19 infection continues to drop in Australia, Prime Minister Scott Morrison has announced the Nation will get an "early mark" from restrictions for contributing to flatten the curve faster than anticipated.

CONTINUED Page 3

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Restrictions Eased As Curve Flattens

FROM Page 1

Mr Morrison indicated that the National Cabinet will look at further loosening rules this Friday that could see the slow restart of the Australian economy

"We need to be able to look to move ahead, we need to reduce unemployment and get business open again," said Mr Morrison.

"We are bringing forward the ending of restrictions with an announcement to take place on Friday as we've shown a world class response to this pandemic.

"Australia deserves an early mark but we need more Australians to download the app."

The announcement was mirrored by the NSW Premier Berejiklian who recently eased stay at home orders to allow two adults

and their dependent children to visit family and friends for reasonable care and social

Federal and As the Governments State wind back restrictions some Port Stephens businesses

Salamander Recycling Centre, which has been closed for the past six weeks, reopened Monday with reduced trading hours and measures.

"We have implemented the accepted social distancing, pedestrian traffic management hygiene protocols currently being employed by major retailers around the country, such as Bunnings, Woolworths and Coles," a Salamander Bay Recycling

dispensers must be used as you walk in to the main shop and as you walk back out again.

starting to reopen. Bay

increased health and safety

Centree statement said.

"Wall-mounted sanitiser



☐ CMO Brendan Murphy has flagged further easing in the coming weeks. Image courtesy of Lukas Coch/AAP.

"We have a fenced cordon in place guiding customers in and out of the main shop and furniture shed with only one entry and exit in and out of

these retail spaces."

While the reopening of the regions' Pubs and Clubs could still be some time away, the opening of some businesses is a welcoming sign the worst of the Coronavirus has been navigated.

At the time of publication 95 Australians have died from the infectious disease.

A factor that shouldn't be forgotten.

MORE on COVID-19 - Page 8

A guide to Chickenpox this year

THE International search for a coronavirus vaccine highlights the importance vaccination plays in our health and wellbeing.

Vaccines are available for a range of diseases and one which is important to protect yourself from is Chickenpox

Chickenpox (Varicella) is a highly contagious viral disease which is typically characterised by the presence of a blistering, itchy skin rash. As the rash progresses it generally forms a scab which eventually falls off.

Outbreaks of Chickenpox are more common in winter and early spring but the encouraging fact is that everyone - children and adults - can be immunised against Chickenpox.

The Victorian Government's Better Health Channel advises that for most healthy people, Chickenpox is mild and the person who



has suffered from it generally recovers fully without specific treatment.

"Complications do occur in approximately 1 percent of cases. Chickenpox is more severe in adults and in anyone (of any age) with impaired immunity. Immunisation is the best way to prevent Chickenpox," the Better Health Channel website advises.

These complications may include:

scarring -Chickenpox can leave pockmark scars on the skin

Cellulitis - a bacterial infection of the skin

Pneumonia -infection and inflammation of the lung in adults which can prove to be fatal

Encephalitis – inflammation of the brain, usually mild, but sometimes severe

bleeding disorders these are rare but can be fatal

death - in rare cases

Shingles can occur in people who have previously had chickenpox.

bacterial skin infections

swelling of the membranes covering the brain (aseptic meningitis)

decrease in blood platelet cell (Thrombocytopenia)

short-term effect on movement (acute cerebellar ataxia)

foetal abnormalities in pregnant women

Encephalitis (inflammation of the brain).

The Better Health Channel also advises that: "Children with chickenpox should not go to school, kindergarten or childcare until the last blister has dried. You should tell your child's school, kindergarten or childcare if your child has Chickenpox, as other children may need to be immunised or

A child with Chickenpox is likely to have a fever that

will last for at least the first few days of the illness and the spots accompanying the disease can be very itchy. Some children have only a few spots, but in others they can cover the entire body and there is no rule as to what level of spot coverage a child may suffer.

The spots are most likely to appear on the face, ears and scalp, under the arms, on the chest and belly, and on the arms and legs.

It is important that the child be kept away from school and other activities as the incubation period for Chickenpox is between one and three weeks. The most infectious time is between one and two days before the rash appears, but it continues to be infectious until all the blisters have crusted over.

While complications are rare, Chickenpox can be severe at any age and have serious complications.

Pregnant women should be especially careful to avoid Chickenpox as it can affect the unborn baby by causing foetal malformations, skin scarring

and other serious problems including Congenital Varicella syndrome.

National President of the Pharmacy Guild of Australia George Tambassis said it was important for people to be vaccinated against Chickenpox.

However, if a person contracted the disease, their community pharmacist could help provide relief and advice.

"Unfortunately at present there is no specific treatment for Chickenpox," Mr Tambassis said.

"There is a range of medicines and Pharmacy products which can help alleviate symptoms.

"These can include paracetamol to relieve fever and cooling gels to ease itching.

"Taking to the Pharmacist and Pharmacy staff will help to ensure you get the best product for your needs.

"But we stress always that prevention is better than cure so having a vaccination shot against Chickenpox should be a priority for everyone."

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Patients, Partners, Family Members and Volunteers are all welcome to attend the Meetings.





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The Nelson Bay Gropers Eye A Potential July Restart In The NHRU

FROM Page 1

"We will also be actively working to assist our Clubs and their staff and volunteers to prepare for the restart of training and games.

"These activities are likely to have continuing restrictions and controls including increased food hygiene, restricted spectator numbers, dressing room access, and ensuring no one attends who is ill, has

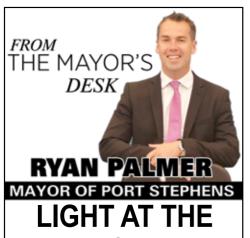
flu-like symptoms or has recently returned from overseas, etc."

While this is welcomed news for rugby on the Peninsula the dynamic nature of the Pandemic still clouds exactly what format Club Rugby will take for the 2020 NHRU season.

Gropers' President Ray Milton said that the NHRU has earmarked a number of potential changes to competition.

"The NHRU has been discussing possible options and games could have reduced lengths, the team sizes might be reduced to 7s or 10s. and there will be no spectators," said Mr Milton.

"They will be meeting again in the coming weeks to sort it out and when they are organised we will start to get things rolling."



END OF THE TUNNEL

WE had a glimmer of light at the end of the 'COVID tunnel' last week, with the NSW Government announcing it has begun relaxing social distancing measures.

While 2 adults being able to visit loved ones is a small step, it's the first sign of life returning to 'normal' - and the beginnings of the recovery and restart of Port Stephens. It really does give me great hope.

Let's not forget all the hard work that has got us to this place. I want to thank all of you who have followed social distancing measures and stayed home over the school holidays.

This meant we could reopen boat ramps and beaches to residents, which I know many of you are thrilled about. Maintaining our physical and mental health is more important than ever.

But we can't let our hard work go to waste. We all need to remain vigilant and maintain our social distance wherever possible to protect our community from COVID-19.

I know many of our local businesses are doing it tough, and I want to let you know we're already planning for the restart of the Port Stephens economy.

I have been working with Destination Port Stephens to ensure we're ready to open our doors to visitors when the NSW Government declares it safe to do

While we are still in the midst OF A global pandemic, nothing can defeat our community spirit.

I was proud to see how many of you commemorated Anzac Day, showing that no matter the distance between us - we are together in spirit.

> By Ryan Palmer Mayor of Port Stephens

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Do you know... To be ople are picking up the N.O.T.A newspapers for their family each week "We Thank You for YOUR Support of the News Of The Area"

A Mother's Day gift with a difference

By Marian SAMPSON

DADS are on notice.

This year with many children not going to school everyday, the chances are that there will be no beautifully crafted artwork from the classroom for Mum to treasure as a special gift this Mother's Day.

Yes, this year there is no back stop, no Mother's Day gifts from the P&C fundraiser: it is simply up to our Dads to sort the kids and the gifts to make this Mother's Day in Lockdown special.

Social distancing and retail closures will make this Mother's Day more challenging than ever, however there are some great options out there for the Dad that has not planned anything as yet.

There's always the last

minute gift voucher that you can purchase online, however in these difficult times it would be great if you could grab a 'shop local' voucher from a business that Mum can either use to shop online or when the doors of retailers are back open.

For those looking for a different gift for Mum that will make a difference, Port Stephens Koalas have adoptions ready or you can adopt one of the marine animals at Irukandji Shark and Ray Encounters.

Local restaurants and café's have pivoted their businesses and while you can't go out to lunch just yet, they are offering amazing take-away meals with some also offering delivery service.

> There also are

☐ Rescued koala Glen Martin is ready for adoption from Port Stephens Koalas. Your gift to mum this Mother's Day could make a real difference.

wonderful grazing boxes and even take away high teas to be found locally.

Life in lockdown is

slower, giving the Dad that plans ahead plenty of time to work with the family to cook up a

perfect breakfast in bed.

Perhaps you can consider cooking up a storm in the kitchen with the kids to make Mum a truly memorable high tea, but if you do choose this option don't forget the champagne.

Leah Anderson, **Business** Tomaree Chamber President told News Of The Area, "Now more than ever it is important that we support local businesses. When you buy a gift from a local business you are not only giving your loved one something unique and special, you are keeping a local business operating and locals in jobs."

The team at the NOTA wish every Mum a Happy Mother's Day.



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Is There Anybody Out There?

By Mitch LEES

AFTER the declassification of footage from the Pentagon that appears to show US Navy pilots encountering UFOs, Port Stephens residents are recalling their own encounters with the great unknowns of the cosmos.

Thanks to the largely

unpolluted night skies over the Peninsula there are vast opportunities to witness the dance of the universe unfold, according to local Box Beach legend Kane McTaggart.

"The Tomaree Peninsula is what some would call prime viewing for possible

☐ The truth is out there: The night sky over Port Stephens.

Image courtesy of Rhys Pope Photography.

extraterrestrial phenomenon," said Mr McTaggart.

"We have a broad expanse of open sky over the harbour here and there's always lots of aviation activity, especially with the RAAF base nearby.

"Locals have been reporting for years of objects floating near the Headlands and out to sea; Mrs Murphy's gap is a particular UFO hotspot!"

On a recent fishing trip around



Tomaree Headland on the night of April 23, Mr McTaggart claims to have witnessed some outer space inspired phenomena.

"I was there fishing with Bryce Whittaker and what appeared to be a jet in the night sky stopped mid-flight, sort of hovered for a few moments before taking off in the opposite direction at breakneck speed," he said.

"Sounds crazy I know but we both saw it, seemed to be unusually low."

In a statement the Department of Defence said that they weren't aware of any incidents of UFO activity around the Port Stephens area during the month of April.

"No. 3 Squadron F-35A Lightning II aircraft were flying around Bulahdelah and Forster in New South Wales over the period in question," said the Defence statement.

"The pilots were essential conducting training, which included some low-level flying."

There has only ever been one official close encounter in the 80 year operation of the Williamtown RAAF base.

In June 1983 a pair of Mirage fighter jets were scrambled to intercept UFOs believed to be travelling at speeds of 1100km/h between and 6500km/h at high altitude about 70 to 150 nautical miles north of Sydney.

The jets were stood down when the blips were identified as a glitch in the radar system.

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Yes, the national property market has seen a softening since the Coronovirus outbreak, largely in part due to the restrictions placed on open house inspections and onsite auctions, but vendors are still listing and buyers still buying, especially in the popular coastal region, popular with weekenders and permanents alike.

But any market correction isn't something you should be worrying about right now. If yours is a long-term purchase, once the market rises, any 'paper loss' will be consigned to memory. If you've purchased to flip within a short period, then you might want to consider holding onto it for a little longer and perhaps lease it out to help pay the mortgage. Or, once travel restrictions lift, it's yours to keep! Discuss your options with your bank and you'll make the right decision for your circumstances.

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Dorin's Draws By Paul DORIN



READING: Luke 24: 51 - 53 - "While He was blessing His disciples, he left them and was taken up into Heaven. They worshipped Him and returned to Jerusalem with great joy. And they stayed continually at the Temple, praising God." Blessings from Lynne Miles

WOMAN CHARGED: Allegedly spitting on a Security Guard

A WOMAN has been charged after allegedly spitting on a Security Guard working at a supermarket in Raymond Terrace last week.

About 9pm (Wednesday 29 April 2020), a 41-yearold woman was shopping at a supermarket within the Terrace Central Shopping Centre at Raymond Terrace.

The store was in the process of closing and the woman was approached by a Security Guard who asked her to make her way to the register.

The woman refused to

leave and continued her shopping. The Security Officer again asked her to make her way to the front of the store before she allegedly spat in his face.

The woman continued the assault by hitting the man with her bag.

A number of employees assisted the Security Officer and she was escorted from the store.

Police were called and officers from Port Stephens-Hunter Police District attended and commenced an investigation.

After viewing CCTV and obtaining further information from witnesses, Police attended a home in Raymond Terrace where they arrested the 41-year-old woman.

She was taken to Raymond Terrace Police Station where she was charged with common assault and offensive behaviour.

She was given conditional bail and will appear in Raymond Terrace Local Court on Monday 20 July 2020.



o you have a pressing problem, annoying anxiety or community conundrum? Jasminda Featherlight, our resident roving Agony Aunt, is here to help. Jasminda will be responding to questions from readers throughout the circulation area of our FOUR News Of The Area papers on a rotating basis. SEND your concerns to Jasminda care of media@newsofthearea.com.au and include your title, initials and suburb.

Dear Jasminda,

My husband snores. He snores every night, but he snores less when he is on his side. The problem is, when I wake him to tell him to roll on his side, he gets annoyed that I have woken him up. What is the solution?

Mrs WK, Shoal Bay

Dear Mrs WK,

This is one of those dilemmas that creates incredible angst. If left unchecked it can bubble over into outright hostility that extends into waking hours. No one likes to have their sleep disrupted and snoring is a particularly irritating issue.

First of all, you should check that it is not a medical issue. My husband used to snore like a chainsaw, but he had a deviated septum (that's an issue with the nose, not some weird perversion). Once he had surgery, it improved dramatically.

If there is no medical reason, you can sometimes put it down to intoxication. Both men and women seem to snore if they've been on the turps, so there's a good reason to pace yourself.

I've found a gentle nudge helps, or, if that doesn't work, a soft pillow. Just place it gently over his face and say a few encouraging words. You know, something like, 'If you don't stop snoring, for the love of God, I'm going to suffocate you . . . ' No, no, sorry, Mrs WK, I don't know what came over me then. Do not do that. No matter how sleep deprived you are, violence is never the answer. That advice could get us both in a lot of trouble. There is more than a little irony in the fact he gets annoyed that you have disturbed his sleep. A surreptitious recording of his nasal symphony might wake him up to just how frustrating it is to endure the noise.

How about noise cancelling headphones? Earplugs? The spare room? There are many options available. I sincerely hope things improve soon.

Carpe diem, Jasminda.

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Domestic related altercation

POLICE are investigating after an elderly woman was seriously injured at a Nelson Bay home last week.

About 6.30pm yesterday (Wednesday 29 April 2020), Emergency Services were called to a home on Armidale Avenue, Nelson Bay, after reports a 71-year-old woman and a 74-year-old man were involved in a domestic-related altercation.

The woman was taken to Tomaree Hospital before she was transferred to John Hunter Hospital in a critical condition. Officers from Port
Stephens-Hunter Police
District were notified in the
early hours of Thursday 30
April 2020 and attended the
home and established a crime
scene.

Detectives commenced an investigation into the circumstances surrounding the incident.

No arrests or charges have been made at this stage; a 74-year-old man is assisting police with their inquiries.

Anyone with information which may help investigators is urged to come forward.

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We will publish important updates on the COVID-19 situation. Much (news), many of you will know, however we will ensure all our readers are kept up to date.

It's important to know our publication is available online too, in the Printed Format (like this paper).

We email all subscribers this Printed Edition immediately as it becomes available.

Go to **www.newsofthearea.com.au** to subscribe to this <u>free service</u>.

Importantly, we will be ensuring we bring you some 'good news' stories of things happening in your community, with your neighbours, friends and families.

Of course we publish our stories through our Social Media and Website too, so ensure you are Following us there. Stay Safe.



Families Set to Benefit with \$150K for New Playground and Park Furniture

SPENCER Park in Soldiers Point is set to be overhauled with the Parliamentary Secretary for the Hunter, Catherine Cusack today announcing funding to the tune of \$153,750 for Port Stephens Council.

Ms Cusack said the Grant from the NSW Government's Stronger Country Communities Fund, will see Spencer Park receive a brand-new playground and park furniture, essential to improving the health and wellbeing of the Soldiers Point community.

"The new playground will be designed and constructed in accordance with the NSW Government's 'Everyone Can Play' guidelines, aimed at including everyone in the community regardless of age, ability or cultural background," said Ms Cusack.

Port Stephens East Ward Councillor Jaimie Abbott said it was fantastic news for the local area and thanked the NSW Government for continuing to support initiatives that include everyone in the community.

"In June 2018, I was thankful to secure \$12,000 in NSW Government funding to fence the new playground in Shoal Bay, enabling children of all abilities to play safely, giving their parents and carers some piece of mind," said Cr Abbott.

"I'm so grateful for this funding and I know this will make a real and significant difference to many families and kids in the Soldiers Point area."

Port Stephens Mayor Ryan Palmer welcomed the announcement and said the funding for Spencer Park will help to continue enriching the lives of all Port Stephens residents.

"Best of all, this playground will be built to the NSW Government's 'Everyone Can Play' guidelines, ensuring we continue to create fun, interactive and inclusive spaces for all children in our community," said Mayor Palmer.

"This is the fourth Stronger Country Communities Fund Grant we have received in as many weeks and I want to thank the NSW Government for continuing to support Port Stephens."

Ms Cusack said she was thrilled that Port Stephens Council and community organisations like the Police Citizens Youth Club and Nelson Bay Rugby Club had been successful in a





range of Grant applications under the Stronger Country Communities Fund, totaling \$1.05 million in Port Stephens.

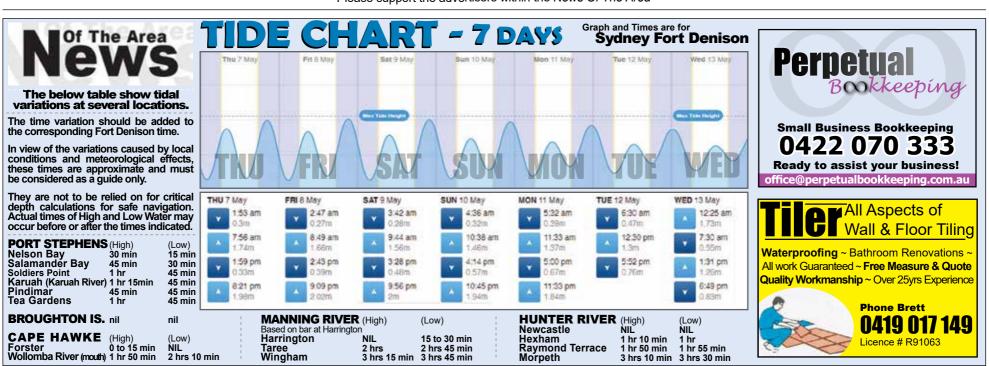
The \$400 million Stronger Country Communities Fund is

part of the NSW Government's \$1.7 billion Regional Growth Fund, which is being invested in local programs and infrastructure that improve the lives of people living in regional NSW.

For information on the SCCF, visit: nsw.gov.au/strongercountrycommunities.

For information on inclusive play spaces visit: everyone can play. nsw.gov.au

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By Julie MCKIMM

COVID-19 has seen an increase in pet adoption rates across the area.

As people are home more and looking for distractions they are turning towards pets to provide this.

Medowie resident, Tracey Higgins, went looking on the RSPCA website for a new feline friend and ended up adopting a bonded pair of young female cats.

Tracey told News Of The Area, "We adopted now because we had just lost our cat that was 10 years old, and with us working from home, we are here to spend time with them and help them settle into the family."

The RSPCA has altered their procedures during this period and are attempting to do most of their adopting process online or via phone.

Tracey added, "We were given a week to make sure we were happy seeing as we couldn't meet them first. We

Pet Adoptions Peak





are very happy and they are settling in beautifully."

The Kilday-Sharp family in Medowie has also taken advantage of being at home more to welcome a new greyhound into their family.

Heather Sharp told News Of The Area, "We rescued Moonee during the COVID-19 lockdown, but it wasn't a rash decision."

"Adopting during the lockdown means that Moonee has got to know us as we can spend a lot of time together."

"It also means that if there were any problems between Gemma our existing greyhound and him, we could sort it out."

Michael Kilday added "It is fun patting them and playing them like wrestling and running."

When asked what advice she would give others thinking of adopting a dog or cat during this time, Lily Kilday replied, "Give it a try."

COVID-19 Update and social constraints

begin gradual easing

By Sandra MURRAY

of social WEEK Eight distancing and there are some hopeful signs that compliance is working.

Nationally there are 6,801 cases, 95 deaths and 5,817 people have recovered.

Over the past week, around 13 new cases are reported each day, mostly in NSW.

Good news is there has been a steady and sustained decline in cases across Australia following a peak in March.

From an NSW Health perspective, there currently 3,035 cases with 44 lives lost (as at 2 May).

For comparison, last week News Of The Area (NOTA) reported there were 3,002 cases (up 33 this week).

Tragically, there are two new cases at Newmarch House in Sydney West, increasing the total to 61, including 24 staff and 37 residents.

Fourteen residents have sadly passed away.

In Hunter New England, the number of cases is at 277, down from 278 last week.

This is the first time NOTA has reported a decline with the rate steadied and no new cases in the last 24

As reported last week, COVIDSafe, the new mobile phone application is up and running.

Join the 4.25 million Australians who have downloaded the application.

Widespread use of the application will help to ease social restrictions.

restrictions are further eased depends on three tests set by the Australian Government National Cabinet

First is increased testing, second is greater contact tracing, and the third is the ability of the health sector to contain surges.

COVIDSafe supports the second, providing fast and effective contact tracing.

In addition, the NSW Government has started easing restrictions.

From 1 May, two adults (and any dependent children) can visit another person's home to provide care or support.

NSW Health also has COVID-19 Clinics up and running across NSW to test have a fever, cough, sore

Testing is being expanded and is recommended if you



throat or shortness of breath and meet the testing criteria.

The closest COVID-19

site is the Raymond Terrace and remain in the car until Respiratory Clinic.

Call and book on 4983 0900 and call again on arrival Helpline is 1800 020 080.

further instruction.

The National Coronavirus

Dance n Dazzle Student Shines at Eisteddfods

FROM Page 12

and has ambition to compete at Nationals in Queensland in January 2021.

After completing year 12 she hopes to study a degree or diploma in dance and see where that takes her. She enjoys assisting

teaching and has been running some of the Studios Online lessons with the assistance of her mother - Principal of Dance 'n Dazzle Studio - Corynne

Unfortunately due to COVID- 19 at the moment Dance lessons are unable to operate as usual but students have been able to access dance classes online in the safety of their own homes.





Tilligerry Social Golf Club results

Results for 1/5/2020

Outright winner. Colin Marsden.33 c/b

Bonus points winner. Steve Venner. 35

Ball winners. Hugh Potts Bill McMaster Adam Cowie Alan Lloyd Peter Hill Brian Riddell John McDonald

Bradman Award. Darrell Caddy There were 19 starters today. Congratulations to all the winners. Next week we will be playing off the "BLUE TEES" and please remember to place your finished cards in the box provided. We have our own designated box not the white box that belongs to the Golf Club

Welcome to our new player John McDonald, we hope you enjoyed your day John.

Next game Friday 8/5/2020 Single Stableford. "Blue Tees"

OPINION Dead Flies inspired art

Dear News Of The Area,

COVID-19 despite, or perhaps because of its restrictions, has brought out the best in some of our local art community.

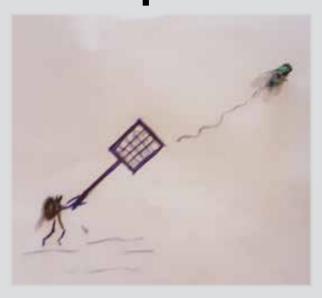
Jeanette Hart, seen here creating from the comfort of her bed and inspired by some artwork she spotted on Facebook, became a 'dead fly collector' and is busy creating a fun little booklet, picturing daily life in a fly community.

She's deriving great fun

from this exercise, especially as it allows her to work from her bed, to which she is usually confined for many hours a day due to an incapacitating work injury she sustained some years ago.

Admirably she is not letting this unfortunate fate define her but instead is finding new purpose in amazing creativity. No flies on that lady!!!

Sonja Ridden U3A



Goldstar Crossword 17641 1 2 3 4 5 6 7 8 8 9 10 11 12 13 14 15 16 17 17 18 19 19 10

Across

- 1 Consume
- 4 Hide
- 7 Inconstant
- 8 Eject
- 9 Worn out
- **11** Rogues
- 13 High-spirited girls 10 Womanly
- 15 Peaceful
- 18 Madness
- 19 Trembled
- 20 Undressed kid
- 21 In existence

Down

- 1 Extinguish
- 2 Bizarre
- 3 Theft
- 4 Crawls
- **5** Grumble
- 6 Triumphs
- 12 Ass-like
- 13 Entices
- 14 Not transparent
- 16 Build
- 17 Trainee

Classic Sudoku 187

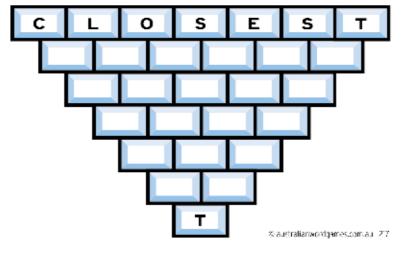
To solve the puzzle, all the blank cells must be filled in using numbers from 1 to 9. Each number can only appear once in each row, column and in the nine 3x3 blocks.

			9				1
	7			2		6	
3			5	4		9	
	5		1	8			
7		1					
		9				7	
6						5	
	2		8		4		6
4				6			8

Explorawords Can you find the hidden meaning in the picture puzzles below? 1. E E E E E E C A 2.

Stepdowns

Starting with the seven-letter word, drop a letter, rearrange if needed to form a six-letter word. Continue in this manner until you reach the lone letter at the bottom. Your solution may differ from ours.



Palindrome Puzzle

A word, phrase or sentence that reads the same backward or forward e.g. A man, a plan, a canal, Panama

Three palindromes: 1. direct elsewhere, 2. more red, 3. one who restores life

1	R		R			
2	R			R		
3	R				R	

Solutions Puzzles and pagination © Auspac Media 3. Robbery, A. Creeps, S. Complain, 6. Exults, 10. Feminine, 12. Asinine, 13. Tempts, 14. Opaque, 16. Erect, 17. Cadet. Redder PALINDROME PUZZLE Refer 6 9 7 E 1 Z 1 8 9 Z E 9 6 t 8 20. Suede, 21. Extant. Down: 1. Douse, 2. Outre, lost, lot, to, t STEPDOWNS closet, stole, C 7 6 4 8 1 9 9 7 Irenic, 18. Mania, 19. Quivered, 3 1 2 5 Across: 1. Devour, 4. Cache, 7. Unstable, 8. Expel, 9. Effete, 11. Rascals, 13. Tomboys, 15. 1. Keep up. 2. Mixed up kid. CLASSIC SUDOKU вогрятяя своязмовр **EXPLORAWORDS**

Puzzle Play 094

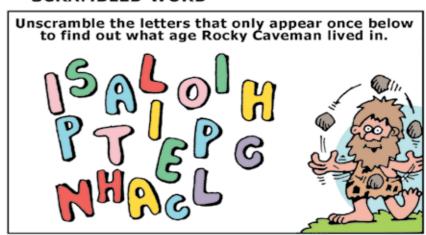
SPOT THE DIFFERENCE



Can you spot five differences in picture B?



SCRAMBLED WORD



the dog's eyes are closed. 5. The left-hand star is backwards. SCRAMBLED WORD: The STONE Age.

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COMPUTER table slide out shelf, vg cond, LTP, 0484137580

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BIKES (2) Giant tcr01 carbon, ksylum elite wheels, ultegra gears, \$1500. Princpia, mavic wheels 105 gears, 0458312154.... \$1200.

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BOSCH Biscuit Joiner as new, little use cost \$525, sell \$250 4987

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turning. 4 of. From \$6. 0419144766.....

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CYCLONE rotary turf edger, new hand operated \$30. 49872338.

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DESK home office desk timber, 5 drawers, with chair, must sell \$270 ono 49814854

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FRONT door fly screen, heavy duty fancy shell motive, with key. \$220 0427 704592

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PUMA

GALVANISED hot dipped bolts (37) 125x10 hexagon \$1.75ech. (36) head. 100x10 cuphead, never used \$1.40ech. Other sizes avail. 49872338.

GOLF sticks 2 sets, both right handed, \$150 49843097....

GOLF cart trailer, 2 y/o, as new cond. 750kg rated. Spare tyre. \$1500 ono. 0488485735 📖

For Sale

GOLF clubs full set max.fli, tour limited mkll, a1 cond. matching bag. \$300.0448499000

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JANOME DC 2150 Computerised Sewing Machine. Bought 2016 orig owner. Have up-graded to new Janome. Incl Instruction book & accessories New price \$499 sell for \$260. 0412031100...

JUNIOR Stock Saddle. Hand crafted and in fair condition. \$200.00. Peter 0427977521223

KITE Surfer, Naish. Kite with harness & directional board. Used once. \$450 Ph 0402290498

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LEATHER Chesterfield 2 seater gd cond, \$550 49849808.....

LEDGERSTONE Veneer Stone. Sandstone Collection. 4 sq. mts \$200. Ph 0409 042 489

LOUNGES 2 Brown leather, 2 and 3 seaters, VGC \$400 pair. Will separate Ph 02 49198 130

PETROL leaf blower STIHL BR200 backpack very good condition \$250 ph 0416 214 087

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PRIDE new scooter, paid \$3100, sell for \$2500ono. Also, wheel chair gd cond 49818613 Ŏ407044372

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POTS and Plants. Queen bed no mattrees gd cond. 0467611720....

For Sale

pop-top camper 2012, 12ft, 1200kg, sleeps 6, one owner, rego to Nov 2020. \$14,000 ono, Peter 0407 892 860 ...

STRETCHERS. single easy fold, 1 mattress. \$80.00 the lot. 0458257676....

STAND Up Paddle Board 11ft x 31"x 5' comes with paddle, leash and board bag. \$900 0429920840

STILLSONS record brand \$35. 0419144766.....

STOCK and dies Witworth 8 dies diam. 0419144766...

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TEE hinges, galv, heavy duty, (2) 300, (2) 250, used \$4 each. 49872338

poles. TENT wooden to piece, 5 x 50 nm, 2 x 2100 mm, \$4 each. 0419 144 766....

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TIMBER furniture. Ex cond - 1 hall stand \$40, 1 TV cabinet \$100, 1 dining table 8 matching cloth chairs \$800, Ph 0477043206....

TRADIES Spitfire LPG Space Heater. As seen on the block \$350. 0439507704

Scroll saw \$125 new. 0419144766.

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WHEELCHAIR Power, Easy Rider Cougar. Vg cond. new controller arm \$600 0427974136....

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WINE makin demijohns \$8 ech 49849808...

Items

2x2 seater fabric lounge matching single Timber buffet & with hutch with matching TV unit. Chest of drawers & matching mirror. matching round marble coffee tables. All ex cond. Come take a look & make an offer. Tea Gardens. 49970147

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Caravans

AVAN A'Liner off-road high side cmprvn, 2002 Fld dwn dbl bed, radio canvas awning. Solar panel, reg 6/20 \$8K., 0411 252 805

CUB Camper Super Max Escape 2011 Max Escape 2011 full annex, twin beds. Rego Aug 2019 \$10,700 49872651

JAYCO Sterling 2007 21Ft Single Kg Bds, new a/c, new wheels/ full ens, elec rollout awn. vg cond. \$26,750. 0427650335

WINDSOR Statesman Royale Mk II, 2 door, 1995, Mint condition. 26 ft. ext. Sleeps 4, air cond. East/West Queen bed, Combo bathroom, club lounge with 3-pos. Safety Breakaway system, rull water pressure system, 50kw wheels and tyres, reg. May. Safety Certificate LT-11516023-2 (31/10/19). This roomy, comfortable caravan has travelled minimal klm's and is in prestige condition. Great for touring or home. Clarence Town.

Motorhomes

\$16.900. Ph. 49 974281

or M. 0409645645...

MOTORHOME Sale 2010 Sunliner Motorhome 29 foot Mitsubishi Fuso 124000 kms, \$142,500 neg. Very good condition Serviced every 10,000 kms 0418 716 225....

Boats

AS new 10ft alum punt - crab boat On S/S reg trail of pow 5hp yamaha 4str motor w all gear 0410529698...

ALUM tinny 4.3 Clarke abalone on good trailer 25hp mercury sea pro. ex cond low hrs plus extras. Needs paint. \$2,800 ONO 49975756

BOAT 4.20m, fibre-glass runabout, 75hp Suzuki motor, includes trailer. Rego - Boat 3/19. Trailer 11/19. Marine radio and sounder. \$3,000 ono 0458385315

Boats BASS boat 2006

evinrude 150hp approx 450hrs \$21,750 ono 0431026622

BRU Baker Tri-hull. 2000 mod, custom trailer. solid stable vessel built fishing to survey, 200HP 140hrs Yamaha, 2007, extra, reg, \$20,000 reg, \$20,00 0425243360 ono

DINGHYS 2 x 8ft dinghys, 1 alum \$350, ply wood \$300. 0425 254 612

HALF Cabin 4.9m 75hp Marina no rego. \$6000 many extras. 0431 751 651

HOBIE 16 catamaran on gal trailer. \$500 49817721 a/h

QUINTREX Escape 2010, 4.7m, Yamaha 60HP 4stroke. Garmin Sounder chart/plot bimini, spare wheel, owner, garaged, rego till March 2020. Will sell for \$19,900. Call 0410 458 007,

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SAVAGE 28 Flybridge 2x180hp diesels Very economical by hours. 2x GO sounders, toilet loads of extras. \$46k ono

TRAILER Sailer, Rare Adams 21". No8 of 39. near new Tonatsu 8hp.gd 50; trailer, gd sails, sate & forgiving, easy sail by 1...

TRAILER Sailer, Clipper 17, gd cond, trailer rgo 9/20 \$2500 49817721....

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38 Totally refitted for extended New 40hp Local. \$75,000 ONO. 0413046858....

Motorcycles

1972 650cc Triumph motorey 20 Sonnyville, complete 0410529698

CLASSIFIEDS ads@mcnota.com.au mths reg, 254000klm, many extras, great sec Economical, alf-49a. 0427980079[°]...

2004 Toyota Land-Prado VX cruiser Wagon Turbo Deisel, 372,439km, one owner serviced regularly, good condition \$10K ono. 0477043206

2008 Suzuki Swift, Manual, Top of range. 52,000 genuine klms, mech A1 - no faults as new interior, A1 a/c, log bks, free mech az85qn \$6900 0437603274

70,000kms, New, Nov 20 Rego. NBN72R \$21,500. Ph 0478147049

COROLLA Sedan 1991 white 123.000 km unreg 2 months runs well good tyres \$200 Hawks Nest 0414921770....

HONDA CR-V Sports Wagon 1999. Rego 12/2/20. GC, goes well, reliable, 5 speed manual, replaced motor 12/2017. Replaced cylinders, master and slays. New drive belts. CK64ZK. \$2,800. 0497152733.

MAZDA 2013 BT50 4x4 dual cab 5cyc diesel 6spd auto. reg Apr21, 114000klms, Ex cond, gun metal blue, etras; ARB bull & light bar, 3inch s/s exh, catchcan, alloy sidestep, flare canopy, tub liner & drawers. Polaris rw-50-15, indash unit, tow bar w/ anderson plug, 2017 allow rims, tyres 80%, ct47fc, \$28000. Or will swap for 4x4 diesel single or extra cab tray top 0427530680

MERCEDES SLK230, Kompressor auto. coupe/convertible (metal folding roof) just 60,900kg o 200 model, top cond all books, careful lady owner. DC 1797. \$15250000 0417821805.

MITSUBUSHI Mirage, 2014. 49,000km, rego 1/20 new tyres, log books, manual, GC. CI87NF. \$6,800. 0437 146 123

SUBARU Forester 5 door auto wagon 129000km, 2010 mod. Full service history, 2 lady Swaers. Very clean well kept car \$10,000. CN50KM. 0401284555 ...

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By Julie MCKIMM

KYARA Darcy, a student of Dance 'n Dazzle Dancing Studio, started year with great success winning Championships at Eisteddfods across the Hunter Region.

Kyara, aged 14, was awarded the 14/U Tap are extremely proud of her Championship and Most Promising Award at the Shine Bright Eisteddfod held at Raymond Terrace back in February.

14/U Tap Championship, was Runner up in the Jazz Championship, Runner Up for the Senior Scholarship and was Awarded the Youth Rising Star Award at the Encore Eisteddfod at Cardiff.

This was an outstanding achievement and her teachers achievements.

She was also chosen to be an Ambassador for the eisteddfod and won a free modelling shoot as a result.

Kyara told News Of The Area, "I felt excited and extremely happy about winning both Championships as I have been working hard every day to improve and perfect my dancing".

"The competition is very tough as a lot of the competitors have been dancing for many years."

Kyara hopes to continue to dance in many Eisteddfods in the future and at school

CONTINUED Page 8



Kyara Darcy has had a dazzling start to the year.